

## **LENT 2010** **WEEK BY WEEK**

This year the holy season of Lent begins on Wednesday, February 17. All Catholics are encouraged to participate in the three traditional Lenten practices of *prayer, fasting* and *almsgiving*. May this Lent be filled with many blessings for you and your family.

### **Lenten Regulations**

Ash Wednesday and Good Friday are days of *Fast and Abstinence*. (Limit of one full meal and two smaller meals for persons 18 thru 59 years of age; no meat for persons 14 years of age and older.)

All Fridays during Lent are days of *Abstinence*. (No meat for persons 14 years of age and older).

There is no obligation to fast during the weekdays of Lent. However, voluntary acts of self-denial are encouraged.

### **Rice Bowls**

The familiar *Rice Bowls* are available in the vestibule. Please take one home with you and use it as a tangible way of putting into practice the Lenten traditions of prayer, fasting and almsgiving. They may be returned anytime during Holy Week.

#### **Ash Wednesday: February 17**

Ashes will be distributed during:

8:00 a.m. Mass – St. Ambrose  
4:20 p.m. Word Service –  
Hiram College *All Faith Chapel*  
7:00 p.m. Mass – St. Ambrose

#### **Friday, February 19**

7:00 p.m. Stations of the Cross

#### **Wednesday, February 24**

7:00 p.m. Divine Mercy Chaplet  
7:30 p.m. Lord, Teach Us To Pray  
(talk by Fr. Leo)

#### **Friday, February 26**

7:00 p.m. Stations of the Cross

#### **Wednesday, March 3**

7:00 p.m. Divine Mercy Chaplet  
7:30 p.m. Lord, Teach Us To Pray  
(talk by Fr. Leo)

#### **Friday, March 5**

7:00 p.m. Stations of the Cross  
7:30 p.m. Soup/Bread Supper

#### **Wednesday, March 10**

7:00 p.m. Lenten Communal  
Penance Service

#### **Friday, March 12**

7:00 p.m. Stations of the Cross

#### **Wednesday, March 17**

7:00 p.m. Divine Mercy Chaplet

#### **Friday, March 19**

7:00 p.m. Stations of the Cross

#### **Wednesday, March 24**

7:00 p.m. Divine Mercy Chaplet

#### **Friday, March 26**

7:00 p.m. Stations of the Cross

#### **Saturday, March 27**

11:00 a.m. Knights of Columbus  
Easter Egg Hunt

### **HOLY WEEK**

#### **Passion Sunday, March 28**

The blessing and procession with palms will take place at all three scheduled weekend Masses. We will meet outside in the *Memorial Courtyard* and process into the church, weather permitting. (If inclement weather, we will gather in the church hall for the blessing of the palms and procession into the church.)

#### **Tuesday, March 30**

11:30 a.m.--12:00 p.m. Confessions  
7:00 -- 7:30 p.m. Confessions

#### **Holy Thursday, April 1**

10:30 a.m. Chrism Mass  
St. Columba Cathedral, Youngstown

#### **Holy Thursday, April 1**

7:00 p.m. Mass of the  
Lord's Supper  
Adoration until 10:30 p.m.

#### **Good Friday, April 2**

The church will be open  
in the afternoon for private  
prayer and devotion.  
7:00 p.m. The Passion of Our Lord

#### **Holy Saturday, April 3**

1:00 p.m. Blessing of Easter Food

### **EASTER MASSES**

#### **Saturday, April 3**

8:00 p.m. Easter Vigil Mass  
(Celebration of the Sacraments of Initiation)

#### **Easter Sunday, April 4**

8:30 a.m. The Resurrection  
of the Lord  
11:00 a.m. The Resurrection  
of the Lord

## *Happy Easter!*

### **PRAYERS FOR LENT**

Good and gracious God, you call your people back to you this Lent. May this sacred season renew our desire to live fully the promises of our baptism and to love you with a whole heart. Through more frequent prayer, acts of charity, and fasting, may we remember that loving you and one another is the most important thing we can do. In confidence, we ask these things through Jesus Christ, our Risen Lord and Savior. Amen

Lord Jesus Christ, you gather your people during this holy season of Lent, and you call us to repent. As we turn back to you once again, open our hearts so that we might be transformed in your image. Remove any barriers that keep us from you so that we might live fully the life we received at baptism and carry our cross each day. By your grace, may we turn to you in our need, thank you in our abundance, and share your love with the world around us. Amen.